FRIENDSHIP BRACELET

Materials Needed:

- □ Cardboard
- □ String or Yarn
- □ Scissors
- □ Pencil

Optional:

Binder Clip Ruler





Scan the QR code for video instructions! or click here: Link



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Friendship Bracelet Instructions

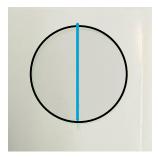
Make a Cardboard Circle

1. Use our template (on page 6) or a circular object, like a roll of tape, a small plate, or CD to trace a circle onto your piece of cardboard.





2. Draw a line from the top to the bottom the circle, then draw another line straight across – making four sections. Make one mark in each section halfway between the lines, then connect them across. You should now have eight sections.

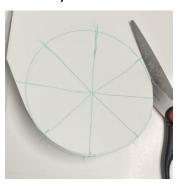








Cut out the circle. (Ask for help if you need it!)



4. Cut a 1 inch slot on each line at the edge.



5. Poke a hole in the center of the circle with a pencil.

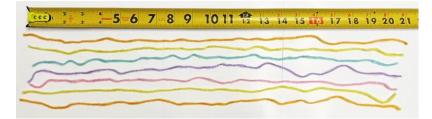


6. Your circle is now done and ready for string!



Prep String / Yarn

7. Cut 7 strands, each about 20 inches long. Use different colored strands to create a patterned bracelet.



8. Knot all the strands together on one end – leave a 4 inch tail for tying later.



9. Push the knot through the hole in the middle of the circle.



10. On the opposite side of the knot, place one strand each slot around the circle, you will have one slot empty when you're done.



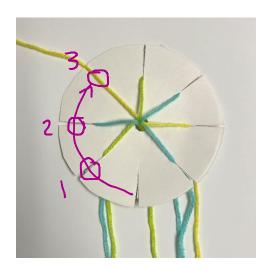
Now you're ready to braid!

How to Braid Strands

11. Position the circle so that the empty slot is at the bottom.



12. Count to left ← "one, two, THREE" strands and pick up that third strand.



13. Bring that strand down and place it in the empty slot.

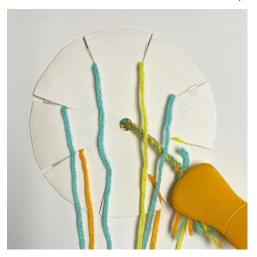




14. Repeat steps 11-13 over and over (and over!) to create the bracelet.

15. Pull the knotted end from the back through the hole every so often. You can put a clip on the knot to add some weight and help pull it through as you go.

Here is a view of the back after you've been braiding for a while:



- 16. When you've reached your desired length, take all the strands out of the slots and pull off the circle, then tie all strands together in a knot at the end: <u>Before you trim</u>, take a look at the next step to decide how you want to join the two ends together to make a bracelet!
- 17. There are many ways you can attach the two ends together to make a bracelet, see which one works for you!:

Tie both end tails together.



OR

Use a separate short piece of string/yarn to tie the ends together.

OR

Tie a big bead to the other end of the braid and then tie a second knot on the opposite end strands that is a little less wide than the bead is. To join push the bead end through the strands between the two knots.











Circle Template

